# Worship at Kingsthorpe

# Morning prayer, Compline, Sunday morning worship at home Sunday morning worship in church



"Stat Crux Dum Volvitur Orbis" The cross stands steady as the world turns

Updated: 1 September 2020

Material in these services are from "Common Worship: Services and Prayers for the Church of England" which are Copyright The Archbishops' Council 2000-2006 As the inscription on the front page says – the cross stands steady as the world turns. Whatever is happening in the world during these uncertain times, the one thing we can hold on to is the trust and promises we have in God through Jesus Christ.

We hope that the services in this book will provide a structure along words that are familiar.

You can either follow it exactly how it is or if you prefer use it as a guide and allow the Holy Spirit to lead your prayers. The most important thing is to do what is comfortable for you!

Morning prayer is said at 9:00 am each day.

Compline is said each evening at a time suitable for you.

Sunday services are as follows:

10 am in the church buildings Online via YouTube Said at home using this booklet

We would encourage you to join in at these times.

Even though we are apart we can still be together as one praying community.

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# Morning prayer

(For those with computers, Morning Prayer is said by the clergy team on Tuesday and Wednesday mornings at 9am using Zoom. You are more than welcome to join us. The link is sent out via email. Contact Rev'd Denise if you wish to be added to the list)

Find a comfortable place to pray.

Although we are apart, we come together to meet with God. Let us recognise God's presence with us now.

Light a candle. Keep a short silence. Still your heart.

O Lord our governor, how glorious is your name in all the world!

Your majesty above the heavens is praised out of the mouths of babes at the breast.

You have founded a stronghold against your foes, that you might still the enemy and the avenger.

When I consider your heavens, the work of your fingers, the moon and the stars that you have ordained,

What are mortals, that you should be mindful of them; mere human beings, that you should seek them out? You have made them little lower than the angels and crown them with glory and honour.

You have given them dominion over the works of your hands and put all things under their feet,

All sheep and oxen, even the wild beasts of the field,

The birds of the air, the fish of the sea and whatsoever moves in the paths of the sea.

O Lord our governor, how glorious is your name in all the world!

#### Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

The night has passed and the day lies open before us; let us pray with one heart and mind.

A moment to think of others in our church community

As we rejoice in the gift of this new day, so may the light of your presence, O God set our hearts on fire with love for you; now and forever.

#### Amen

Read the appointed Psalm for the day (See other booklet for details of today's Psalm)

End the Psalm with the following words

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Read the Old Testament reading set for the day (See other booklet for details of today's reading)

Thus says God, who created the heavens, who fashioned the earth and all that dwells in it;

Who gives breath to the people upon it and spirit to those who walk in it,

'I am the Lord and I have called you in righteousness, I have taken you by the hand and kept you;

'I have given you as a covenant to the people, a light to the nations, to open the eyes that are blind,

'To bring out the captives from the dungeon, from the prison, those who sit in darkness.

'I am the Lord, that is my name; my glory I give to no other.'

#### Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Read the New Testament reading set for the day (See other booklet for details of today's reading)

## The Benedictus

<sup>1.</sup> Blessed be the Lord the God of Israel, who has come to his people and set them free.

<sup>2</sup> He has raised up for us a mighty Saviour, born of the house of his servant David.

<sup>3.</sup> Through his holy prophets God promised of old to save us from our enemies, from the hands of all that hate us,

<sup>4.</sup> To show mercy to our ancestors, and to remember his holy covenant.

<sup>5.</sup> This was the oath God swore to our father Abraham:

to set us free from the hands of our enemies,

<sup>6.</sup> Free to worship him without fear, holy and righteous in his sight all the days of our life.

<sup>7.</sup> And you, child, shall be called the prophet of the Most High,

for you will go before the Lord to prepare his way,

<sup>8.</sup> To give his people knowledge of salvation by the forgiveness of all their sins.

<sup>9.</sup> In the tender compassion of our God the dawn from on high shall break upon us,

<sup>10.</sup> To shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

#### Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Prayers of intercession are offered

- For today
- For the world and for those that lead us
- For our parish and our church community
- For those who are sick
- For ourselves

# The Collect

Almighty and everlasting God, we thank you that you have brought us safely to the beginning of this day. Keep us from falling into sin or running into danger, order us in all our doings and guide us to do always what is righteous in your sight through Jesus Christ our Lord. **Amen**.

### Lord's prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

### The Conclusion

The Lord bless us, and preserve us from all evil, and keep us in eternal life. **Amen.** 

Let us bless the Lord. Thanks be to God.

# **COMPLINE – NIGHT PRAYER**

(For those with computers, Compline is said on a Tuesday evening at 8 pm via Zoom. It is then uploaded to YouTube. You are more than welcome to join us. The link is sent out via email. Contact Rev'd Denise if you wish to be added to the list)

Find a comfortable place to pray.

Although we are apart, we come together to meet with God. Let us recognise God's presence with us now.

Light a candle. Keep a short silence. Still your heart.

Blessed are you Sovereign God, creator of all, to you be glory and praise for ever.

You led your people to freedom by a pillar of cloud by day and a pillar of fire by night. May we who walk in the light of your presence acclaim your Christ, rising victorious as he banishes all darkness from our hearts and minds.

The Lord almighty grant us a quiet night and a perfect end.

A period of reflection on the past day and a moment to think of others in our church community

Most merciful God, we confess to you, before the whole company of heaven and one another,

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that we have sinned in thought, word and deed and in what we have failed to do. Forgive us our sins, heal us by your Spirit and raise us to new life in Christ. Amen

Play a hymn or sing along to the following hymn if you know the tune

Before the ending of the day, Creator of the world, we pray That you, with steadfast love, would keep Your watch around us while we sleep.

From evil dreams defend our sight, From fears and terrors of the night; Tread underfoot our deadly foe That we no sinful thought may know.

O Father, that we ask be done Through Jesus Christ, your only Son; And Holy Spirit, by whose breath Our souls are raised to life from death.

#### Psalm 4

<sup>1.</sup>Answer me when I call to you, my righteous God. Give me relief from my distress; have mercy on me and hear my prayer. <sup>2</sup> How long will you people turn my glory into shame? How long will you love delusions and seek false gods?<sup>[b][c]</sup>

<sup>3</sup> Know that the LORD has set apart his faithful servant for himself; the LORD hears when I call to him.

<sup>4</sup> Tremble and<sup>[d]</sup> do not sin; when you are on your beds, search your hearts and be silent.

<sup>5</sup> Offer the sacrifices of the righteous and trust in the LORD.

<sup>6</sup> Many, LORD, are asking, 'Who will bring us prosperity?' Let the light of your face shine on us.

<sup>7</sup> Fill my heart with joy when their grain and new wine abound.

<sup>8</sup> In peace I will lie down and sleep, for you alone, LORD, make me dwell in safety.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning, is now and shall be forever. Amen Scripture Reading – 1 Peter 5,6,7

Humble yourselves under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you.

Into your hands, O Lord, I commend my spirit. Into your hands, O Lord, I commend my spirit.

For you have redeemed me, Lord God of truth. **I commend my spirit.** 

Glory to the Father and to the Son and to the Holy Spirit. Into your hands, O Lord, I commend my spirit.

Read the Gospel reading for today

Spent a moment thinking about the reading. (Those following online will receive a short homily)

**Gospel Canticle** 

*Refrain:* Save us, O Lord, while waking and guard us while sleeping, that awake we may watch with Christ and asleep may rest in peace.

Now, Lord, you let your servant go in peace: your word has been fulfilled.

My own eyes have seen the salvation which you have prepared in the sight of every people; A light to reveal you to the nations and the glory of your people Israel.

#### Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning, is now and shall be forever. Amen

*Refrain:* Save us, O Lord, while waking and guard us while sleeping, that awake we may watch with Christ and asleep may rest in peace.

Prayers of intercession are offered

The world Our leaders Those who are sick Our church community

Ending with the Collect:

Keep watch, dear Lord, with those who wake, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, give rest to the weary, sustain the dying calm the suffering, and pity the distressed; all for your love's sake, O Christ our Redeemer. **Amen**.

## Lord's prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

### The Conclusion

In peace we will lie down and sleep; For you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus, for the night is at hand and the day is now past.

As the night watch looks for the morning, so do we look for you, O Christ. Amen

#### Blessing

The Lord bless us and watch over us; the Lord make his face shine upon us and be gracious to us; the Lord look kindly on us and give us peace. **Amen**.

# **AT HOME: SERVICE OF SPIRITUAL COMMUNION**

#### WRITTEN FOR WORSHIP AT HOME OR ONLINE

We come from scattered lives to meet with God. Let us recognise God's presence with us now.

A moment to be still and light a candle. Play a hymn/worship song if you wish to do so

As God's people we have gathered; Let us worship God now together, Across the miles yet joined

Let us pray: Come, Holy Spirit, fill the hearts of your faithful people, and kindle in us the fire of your love; through Jesus Christ our Lord, Amen.

In the light of Jesus, let us examine ourselves and confess our sins.

Keep a short time of reflection, leave your sins at the cross

Father, we have sinned against heaven and against you.

We are not worthy to be called your children. We turn to you again, have mercy on us, bring us back to yourself as those who once were dead

but now have life through Christ our Lord. Amen.

*Absolution:* May the Father forgive us by the death of the Son, and strengthen us to live in the power of The Spirit all our days. **Amen.** 

# Find the bible reading for today in the other booklet.

Be still for a short while to think about the bible reading.

Did you find anything encouraging in the reading? Did you find anything challenging? What did you learn about Jesus from this reading? Write any words or phrases that stood out in the notes section at the back of this booklet.

(Those following YouTube will have a sermon here followed by a short piece of reflective music.

#### **The Creed**

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin

Mary

and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit,

the Lord, the giver of life,

who proceeds from the Father and the Son,

who with the Father and the Son is worshipped and glorified,

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

### **Prayers of Intercession**

We intercede for others in the quiet of our hearts. Lord, meet us in the silence And hear our prayer.

- For today
- For the world
- For those that lead us
- For our parish and our church community
- For those who are sick
- For ourselves

#### Lord's prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

# **Spiritual Communion**

You may like to have a cup and plate available to hold during the spiritual communion Look at the picture of the Last Supper to prepare yourself for a time of spiritual communion.

Jesus says,

Listen! I am standing at the door, knocking; if you hear my voice and open the door, I will come in to you and eat with you, and you with me.

Revelation 3:20

Lord our God

you prepare a table before us and, although we cannot be present at your Holy Eucharist, by your grace, open our hearts to receive the gift of your Son, the Word made flesh.

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word,

through whom you have created all things;

who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people. Therefore with angles and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

Holy, holy, holy Lord, God of power and might, Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

(For those following a YouTube service, an additional prayer of consecration may be added here)

#### Hold the plate in your hand

On the night that he was betrayed Jesus took bread, and gave it to his disciples, saying take, eat, this is my body which is given for you, do this in remembrance of me.

#### Put down the plate and hold your cup.

In the same way after supper, he took the cup he gave it to them saying, drink this all of you, this is my blood of the new covenant which is shed for you and for many for the forgiveness

of sins,

do this in remembrance of me.

Place the cup and plate in front of you. Send your Holy Spirit upon us that, though separated by distance, we may still, through faith, be partakers in the benefits of Christ's offering of his body and his blood. This we ask, through the same Jesus Christ our Saviour. Amen.

#### The following prayer may be said

Most merciful Lord, your love compels us to come in. Our hands were unclean, our hearts were unprepared; we were not fit even to eat the crumbs from under your table. But you, Lord, are the God of our salvation, and share your bread with sinners. So cleanse and feed us with the precious body and blood of your Son, that he may live in us and we in him; and that we, with the whole company of Christ, may sit and eat in your kingdom. Amen.

A time of silence follows, as each person present makes their own spiritual communion with God.

If possible, play a quiet piece of music

# The period of spiritual communion concludes by saying

God our Father, you have invited us to share in the supper which your Son gave to his Church to proclaim his death until he comes: may he nourish us by his presence, and unite us in his love; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever. **Amen** 

## **Concluding prayers**

The peace of God, which passes all understanding, Keep our hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord. The blessing of God Almighty, Father, Son and Holy Spirit, be among us and remain with us always. Amen.

Let us bless the Lord. Thanks be to God.

# IN CHURCH BUILDING SERVICE OF SAID HOLY COMMUNINION

We come from scattered lives to meet with God. Let us recognise God's presence with us now.

A moment to be still Music may be played

As God's people we have gathered; Let us worship God now together, Across the miles yet joined

Let us pray: Come, Holy Spirit, fill the hearts of your faithful people, and kindle in us the fire of your love; through Jesus Christ our Lord, Amen.

In the light of Jesus, let us examine ourselves and confess our sins.

Keep a short time of reflection, leave your sins at the cross

Father, we have sinned against heaven and against you.

We are not worthy to be called your children. We turn to you again, have mercy on us, bring us back to yourself as those who once were dead

but now have life through Christ our Lord. Amen.

#### Absolution:

May the Father forgive you by the death of the Son, and strengthen you to live in the power of The Spirit all your days. **Amen.** 

# Readings

Did you find anything encouraging in the reading? Did you find anything challenging? What did you learn about Jesus from this reading? Write any words or phrases that stood out in the notes section at the back of this booklet.

## Sermon

# **The Creed**

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven,

was incarnate from the Holy Spirit and the Virgin Mary

and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit,

the Lord, the giver of life,

who proceeds from the Father and the Son,

who with the Father and the Son is worshipped and glorified,

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

### **Prayers of Intercession**

We intercede for others in the quiet of our hearts. Lord, meet us in the silence And hear our prayer.

- For today
- For the world
- For those that lead us
- For our parish and our church community
- For those who are sick
- For ourselves

### The Peace using sign language

Christ is our peace. He has reconciled us to God in one body by the cross. We meet in his name and share his peace.

The peace of the Lord be always with you **and also with you.** 

#### **Preparation of the Table**

Be present, be present, Lord Jesus Christ, our risen high priest; make yourself known in the breaking of bread. **Amen.** 

# The Eucharistic Prayer

The Lord is here. **His Spirit is with us.** Lift up your hearts. **We lift them to the Lord.** Let us give thanks to the Lord our God. **It is right to give thanks and praise.** 

Father, you made the world and love your creation. You gave your Son Jesus Christ to be our Saviour. His dying and rising have set us free from sin and death.

And we gladly thank you,

With saints and angels praising you and saying:

#### Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of th

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We praise and bless you, loving Father, Through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirt, that broken bread and wine outpoured may be for us the body and blood of your dear Son. On the night before he died he had supper with his friends

and, taking bread, he praised you.

He broke the bread, gave it to them and said:

Take eat; this is my body which is given for you; do this in remembrance of me.

When supper was ended he took the cup of wine. Again he praised you, gave it to them and said: Drink this, all of you;

this is my blood of the new covenant,

Which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did, In him we plead with confidence his sacrifice Made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,

we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

Christ has died: Christ is risen: Christ will come again. Lord of all life, help us to work together for that day when your kingdom comes and justice and mercy will be seen in all the earth.

Look with favour on your people, gather us in your loving arms and bring us with St John, St Mark, St David and all your saints to feast at your table in heaven.

Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honour and glory are yours, O loving Father, For ever and ever.

#### Amen

# The Lord's Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

# **Breaking of the Bread**

The president breaks the consecrated bread.

We break this bread to share in the body of Christ. Though we are many, we are one body, because we all share in one bread.

# Agnus Dei

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us peace.

#### **Giving of Communion**

The president says the invitation to communion

Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

Lord, I am not worthy to receive you, but only say the word, and I shall be healed.

## Prayer after communion

Silence is kept.

Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

# The Dismissal

## **Blessing**

God the Holy Trinity make you strong in faith and love, defend you on every side, and guide you in truth and peace; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen**.

Go in peace to love and serve the Lord. **In the name of Christ. Amen.** 

# IN CHURCH BUILDING SERVICE OF THE WORD

# **Call to worship**

Come, with purpose, into the presence of the living God. Come to worship, and to be amazed, to discover and learn new things. Come, knowing that God welcomes us all with open arms. **Amen.** 

# OR

In the beginning, when it was dark, God said, 'Let there be light' All: And there was light

(The sign of light – a candle is lit and placed and on a central table)

In the beginning, when it was quiet, the Word was with God All: And what God was, the Word was

(The sign of the Word – an open Bible is placed on the table)

When the time was right God sent the Son. All: He came among us, He was one of us.

(The sign of the Son – a cross is placed on the table)

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# **Optional music**

## **Welcome and Introduction**

### A gathering prayer

Lord God, as we gather in your house, we thank you for your presence, here with us. Thank you, Lord that each one of us is unique, yet we share a common bond in you. We come together as one body, but we all learn and experience things in different ways. We thank you for your amazing word that gives us so many pictures of your kingdom. Be with us, Lord,

and bless us richly as we call upon your name. Amen.

#### A prayer of confession

For the times we dash haphazardly into your presence, finding it hard to leave behind our cares and worries: **forgive us, good Lord, and make us new.** 

For the times when we don't learn from our experiences:

## forgive us, good Lord, and make us new.

For the times we don't take care of ourselves, or the people we share our lives with: forgive us, good Lord, and make us new. For the times when we don't take care of our environment and spoil our beautiful planet: forgive us, good Lord, and make us new.

We thank you Lord, that you are forgiving and merciful, slow to anger and full of compassion. We worship and adore you for your generosity, your love, and your power. Amen.

**Collect for the day** 

### Readings

#### Sermon

Optional music or time of personal reflection

# Affirmation of faith – said or listened to using song 'We believe'

We believe in God the Father, From whom every family In heaven and on earth is named.

We believe in God the Son, Who lives in our hearts through faith, And fills us with his love.

We believe in God the Holy Spirit, Who strengthens us With powers from on high. We believe in one God; Father, Son and Holy Spirit. Amen.

#### **Prayers of intercession**

We intercede for others in the quiet of our hearts. Lord, meet us in the silence And hear our prayer.

#### **The Lord's Prayer**

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

## Exchange of the peace using sign language.

God gives us a peace which passes all understanding, and which we reach through trusting in God. Let us share that peace with each other using sign language.

#### A sending out prayer

Lord, thank you that we have been able to spend time with you today. We have felt ourselves grow stronger as we have been blessed with your presence. Send us out to spread your love, in your precious name. **Amen.** 

# The Grace or a Blessing using the (us) format could go at the end

The Grace of our Lord, Jesus Christ and the love of God and the fellowship of the Holy Spirit, be with us all now and for evermore. Amen. NOTES: Write the date and anything that has spoken to you whilst you have been doing these services.

My prayer group buddy is: \_\_\_\_\_

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